

# How QCS staff stay connected and positive during lockdown

Although the nation is in lockdown, it is important to maintain a close connection with our friends, family and colleagues.

Happy employees are what make QCS so successful and the team's wellbeing has always been our number one priority. Here are just a few examples of how QCS have been supporting the team, to keep everyone feeling positive and connected.

## Weekly social events



We have our weekly social events that are designed and hosted by different teams. A great way to take a short break from work, have fun and stay connected!

## Coffee conversations



You know how everyone loves a bit of chit chat at the company's pantry? Our 'coffee conversations' program allows people to continue the pantry chat virtually!

## Understanding and trust



QCS trust their team to be outstanding. Sometimes working from home with a pet is not always a distraction!

## Surprise gifts



Sometimes little things can make your day! QCS have sent everyone surprise Easter chocolates and origami to enjoy since the lockdown!

## Cheers for peers!



During Mental Health Awareness Week, everyone at QCS has been sending to each other lovely messages that show their gratitude and appreciation anonymously. A simple way to cheer everyone up!

## Inspirational speakers



We have invited different motivational speakers to share with the team the importance of mental wellbeing and ways to stay positive.

## Employee recognition



Being in lockdown doesn't stop us from recognising the team's and individual's hard work at our virtual company meetings every week!

## Sharing is caring



QCS love to share, we have MS Team channels set up where we can share books, movies, podcast and music recommendations!

## Flexible working



Although we are all working from home, it is important that our team can still go for a walk when it is sunny or spend time with the kids during the day.

## Be there for each other



During this difficult time, emotional support is sometimes what needed the most. QCS as a big family, are always here to listen and help one another.